

# Teamwork and unity

conflict resolution, and the importance of fostering an environment of respect, humility, and collaboration.

In any organization, conflicts may arise due to differences in perspectives, communication breakdowns, and misunderstandings. As dedicated Murabi, it is essential for us to approach these conflicts with wisdom and empathy, seeking guidance from the teachings of the Quran, Hadith, and the profound wisdom of Rumi.

## Importance of Listening and Communication:

"Allah loves those who are equitable." (Quran, Surah Al-Hujurat, 49:9)

Effective conflict resolution begins with active listening and open communication. The Quran reminds us to be equitable in our dealings, ensuring that everyone's voice is heard, and their concerns are addressed with fairness and compassion.

## Embracing Collaboration and Humility:

"The believers are but brothers, so make settlement between your brothers. And fear Allah that you may receive mercy." (Quran, Surah Al-Hujurat, 49:10)

In moments of conflict, let us remember that we are part of a larger family – the community of believers. Collaborating with humility, setting aside our egos, and prioritizing the greater good can lead to meaningful resolutions and harmony.

## Avoiding Amygdala Hijack and Mistrust:

"Raise your words, not your voice. It is rain that grows flowers, not thunder." - Rumi

Rumi's wisdom reminds us of the power of gentle and respectful communication. When conflicts arise, let us avoid amygdala hijack – the instinctive emotional response that hinders rational thinking. Instead, let's cultivate an atmosphere of trust, where each member feels valued and respected.

## Blameless Reflection and Growth:

"And if an evil suggestion comes to you from Satan, then seek refuge in Allah. Indeed, He is Hearing and Knowing." (Quran, Surah Fussilat, 41:36)

In the face of conflicts, let us seek refuge in Allah and engage in blameless reflection.

## Nurturing a Culture of Respect and Love:

"Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." - Rumi

Let us collectively work towards nurturing a culture of respect, compassion, and love. As a team, we have the power to dismantle barriers and create an environment where each member feels valued and appreciated.

In conclusion, we urge ourselves to embrace the principles of conflict resolution, active listening, communication, collaboration, humility, and the avoidance of amygdala hijacks. By reflecting on these teachings and guiding principles, we can contribute to a harmonious and nurturing environment at Tarbiyat Institute.

May Allah bless us all in our endeavors to grow as educators- Murabi and individuals who uplift and inspire each other. Let us move forward together with compassion, understanding, and a shared commitment to excellence.

Jazakum Allah Khair.

Sincerely,

**Administrator, Tarbiyat Institute**